



St Neots Tuition

Year 11 Study Skills

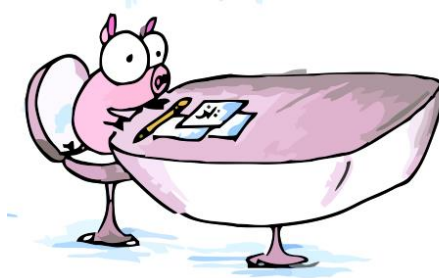
Week One:

Getting to know you.

How do you study at the moment?



Create an excellent place to study



(Not like this)

8. I have the radio/TV/Youtube etc on when I study.

9. My phone is in another room when I study.

10. I meet the deadlines for my homework.

11. I have a revision schedule written out for this academic year.

12. I feel happy and relaxed when I do my school work at home.

13. I feel happy and relaxed in classes at school.

14. I use to-do lists to organise myself.

15. I feel out of my depth in some subjects.

16. I get distracted when studying.

17. I have a place to keep all my school stuff together and easy to find.

18. I know some good ways to revise for exams.

19. I have enough time to do my favourite activities and have a social life, as well as studying.

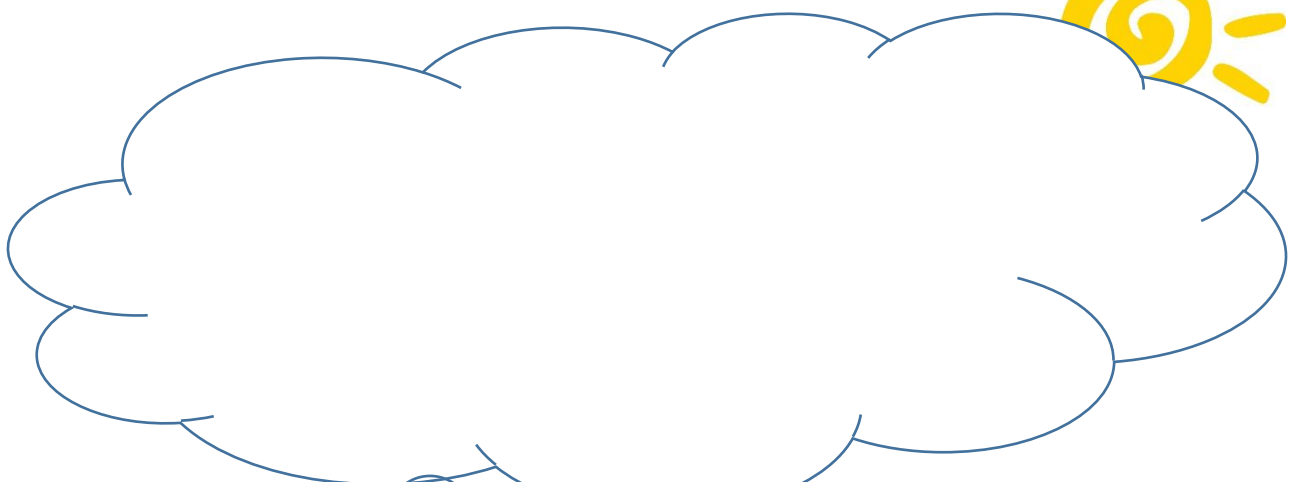
20. I know where to get help, online or from other people, if I am stuck in any subject.

Look at your answers to the questions above. Pick out three areas where you feel confident and on top of things. Highlight these in the colour of your choice.

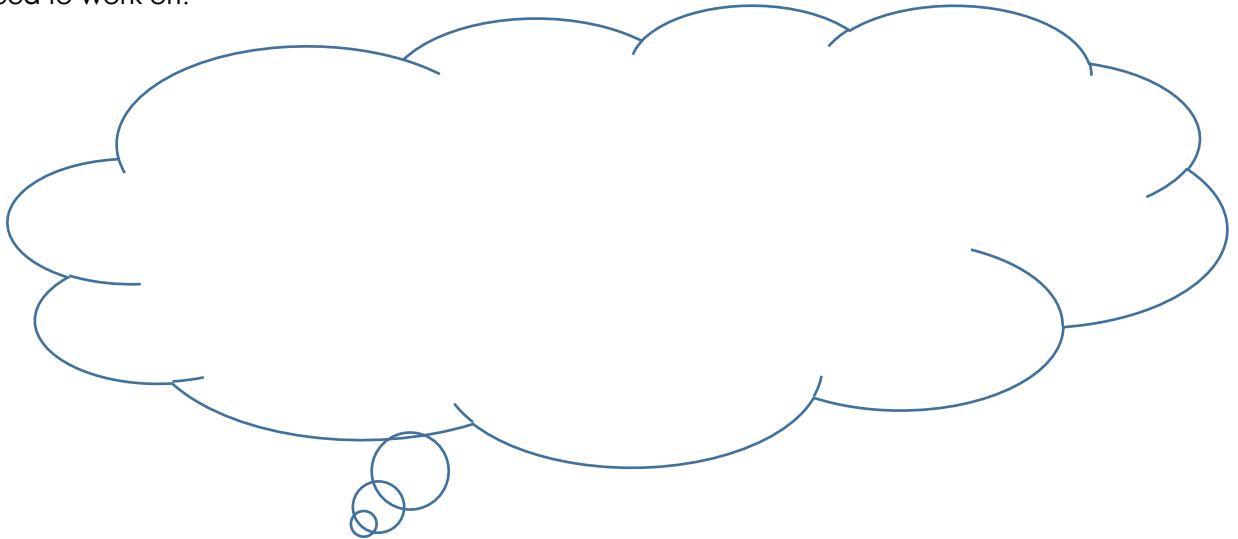
Then pick out three areas in which you need to improve. Highlight them in a different colour.

List your highlighted points below. This will be the starting point for your work in this study skills course.

Areas where I am doing well and feel confident:



Areas I need to work on:



Work station plan

If possible, go through the list below with a parent or a friend. If you share your intention with another person, you're more likely to carry it out.

Which room can you use?

Is there a desk or a table that can be just for you until the exams are over?

Have you cleared the distractions off the desk? (Think magazines, toys, phone, general clutter)

How will you deal with internet and phone distractions?

Is there somewhere you could put up a revision schedule or timetable?

What will help you want to sit at the desk?

comfy cushion sweets music scented candle ...

List below anything you need to get ready to make your work station as good as it can be!

- ✓ -----
- ✓ -----
- ✓ -----
- ✓ -----
- ✓ -----

Homework: Improve your work station and report back next week!