



# St Neots Tuition

## Year 11 Study Skills

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Week Three:

### **Study Goals**

**Creating a revision schedule**



What to do and when





The gnome says: **Don't worry!** *Wherever you are now, focus on moving forward one small step at a time. It's better than staying still!*


**The next step is to make some lists.** This one is time consuming, but important.

Start with the subject which is most important for next year.

You need to break the subject down into short topics. If you have a textbook or revision guide, use the contents page at the front as a ready-made list.

These lists might look pretty long for some subjects, but **don't worry!**

You are now going to look at each item on your list and code it as easy, medium or hard. Use any system you like, but this one is ok:

pythagoras 

circle theorems 

long division 

Eventually you will end up with a list of topics to revise for each of your exam subjects.

Put the lists somewhere where you can see them easily. Maybe on the wall above your desk, or in a ring binder.

*Congratulations! You have taken the first step!*

Soon you will see  turn into , and  turn into 

**Next:**

How many weeks are left until your first exam? Count them up now, if you don't know!

answer: \_\_\_\_\_

Do you need to discount any weeks or days? For example, Christmas, school trips etc.

Subtract these from the total above to find how many weeks, (and days), are available to you for working towards your targets.

Total: \_\_\_\_\_

**A weekly schedule:**

How much time each week could you give to revision?

On the next page you will find a weekly planner, similar to the one you filled in for Week Two. Look for some fixed time slots for revision. The amount of time you spend is a decision for you to take! However, you should include at least three sessions per week, of at least one hour each. Fill all of these:

School times            regular homework            clubs            time with friends/relaxing

You should still have time for your three or more revision sessions. Decide where and when they should go. When will you have the most energy and the least distraction?

Write them in!

Now for some maths. Well, it's all practice! Multiply your weekly revision sessions by the number of weeks you have available. For example, if you have twenty weeks left and you intend to do three sessions a week, you will have  $3 \times 20$  revision sessions, so 60 sessions.

If you have ten weeks left, and four sessions a week, then  $10 \times 4$ , so 40 sessions.

Look at the list of topics that you made. How many of them were given a half smiley face, or 'I know this a bit, but I'm not sure'? \_\_\_\_\_

If you're lucky, you might be able to give one or more of your revision sessions to each of these topics, but if not you will need to prioritise. How? Talk to parents, teachers, friends... Go for the ones that are most likely to be in your exams, or the ones that you *almost* know.

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
7am							
8am							
9am							
10am							
11am							
Midday							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							

**You're just about ready to really get going. Hooray!!!**

You now have:

- a suitable place to study
- a list of topics to work through
- a study schedule

The next step is just to start. Pick your first topic. Make sure you have what you need, ready for the first session on your new timetable. You could use the checklist below, although you really don't need all of these things for your first session – just choose whatever will help.

- ✓ subject textbooks
- ✓ study guides
- ✓ lesson notes
- ✓ internet access if you are studying from websites
- ✓ lined paper
- ✓ blank index cards
- ✓ pens and highlighters

And now for the hardest part. **Just start!** Sit down at your desk and pick up a book.

In the next module we will look at suggestions for how to revise, as well as motivation to keep going. But for now, **just start.**

Write the first two topics from your list that you can work on, get your books together and put in an hour.

Then reward yourself!

A snack, a walk, a dance around the room... and the deep satisfaction of changing your first

